



River Breeze

We are a fellowship of people who make a difference in lives of children as well as our community.



Sauk Prairie Optimist Club
President: Caleb Maier

April 2020



Announcements

April Membership Anniversaries -

- Sauk Prairie Optimist Club - 59 years
- Sue Dohm – 10 years
- Dale Gullickson – 10 years
- Vicki Gullickson – 10 years
- Steve Kohler – 10 years
- Frank LaCour – 8 years
- Karen Ladd – 3 years

Grape Theory: Reasons people get involved and stay involved:

- Growth Personal growth, working with others skills in time management and decision making.
- Recognition Awards and/or 'pats on the back'.
- Achievement Success in projects, seeing a project from beginning to end.
- Participation Part of an organization and making new friends.
- Enjoyment Have fun doing and working with others.

Daily Check

Jeff received this Daily Check from school.

- Eat three healthy meals a day. Remember to eat 2 to 3 servings of different fruits and vegetables.
- Read
- Exercise We can still get walks and fresh air, just keep 6 feet away from other people.
- Socialize (I enjoy seeing the various emails amongst the club members) Email, phone calls, chat.
- Me Time - Do something you enjoy, a hot bath, paint your nails, do some work working or other hobby.
- Keep clean and washed. While washing your hands frequently, don't forget the rest of your body.
- Sleep. Stay rested to help stay healthy.

Enjoy the sunny days as we get them and the flowers when they come. I like hearing the birds sing again.



Birthdays
This Month:



| | |
|-------|---------|
| LARRY | GANDER |
| JUDY | BOEHNEN |

Hello, Spring!

The cold winter has passed, and now comes spring. The newly hatched baby birds will cause the mother birds to sing.

The warm sun comes out, little cherry blossoms are in bloom. Beautiful roses will open up and smell of sweet perfume.

The wind's soft breeze passes through the tall trees. There will be plenty of work for the busy honey bees.

From flower to flower, they fly and buzz all day. Spring is that magical time during March, April, and May.



Sauk Prairie Optimist
Club
President: Caleb Maier
PO Box 522
Sauk City, WI 53583
www.saukprairieoptimists.org



Dates to Remember

April

29 Election of Officers



Committees

Awards - Diane S
ByLaws - Steve K, Bill C, Shawn, Cheryl
Community Service & Youth -
Jeff, Ellen, Nancy, Shawn
Finance - Dale, Diane, Bill C, Bart, Jeff
OI Foundation - Sue Dohm
Mobile Meals/Food Pantry -
Nancy, Ellen, Judy Ray
Fellowship - Roxi, Nancy, Judy,
Shari
Fundraising— All Members
Candy/Nuts - Vicki, Nancy, Judy
Spaghetti Dinners— Carol, Diane
Culvers Nights /Cards - Jeff,
Judy B
Football Sweepstakes - Roxi,
Diane
Food Stands -
Diane, Vicki, Dale, Nancy, Judy B
Bakeless Bake Sale - Nancy,
Judy B
Cash for Kids- Shari, Nancy
Monthly Speakers/Invocations—
Joy
Scholarships— Sue Dohm



Club Officers

President: Caleb Maier
Pres Elect: Bart Mauch
Vice Pres:
Past Pres: Vicki Gullickson
Treasurer: Diane Shaw
Secretary: Cheryl Z/Carol M
Lt Gov Zone 8: Fred Dorn

Board Members

1 Year Term

Shari Diehl
Steve Koehler
Shawn Lerch
Bill Stehling

2 Year Term

Margaret Mauch
Jeff Boll

Do you have ideas for the next issue of the *River Breeze*? Please contact Cheryl Zantow to submit items

